

# Eel River Valley Health Fair

## Low Cost Blood Draw Information

### *Frequently Asked Questions:*

- **What tests are available?**
  - Health Profile*
  - CMP* (Complete Metabolic Profile)
  - LPP* (Lipid Profile)
  - TSH* (Thyroid Stimulating Hormone)
  - PSA* (Prostate Specific Antigen)
  
- **What are the tests included in a “Health Profile” blood draw?**
  - CMP (Complete Metabolic Profile) includes several chemistries such as Potassium and Glucose, etc.
  - LPP (Lipid Profile)
  - HEM (Hemogram) includes Hemoglobin and Hematocrit, etc.
  
- **How much do the tests cost?**

|                |         |
|----------------|---------|
| Health Profile | \$50.00 |
| CMP            | \$25.00 |
| LPP            | \$20.00 |
| TSH            | \$35.00 |
| PSA            | \$35.00 |

**Note:** Checks, Cash, or Credit Cards are the only sources of payment that can be accepted. We are not able to bill insurance for this Health Fair program. If paying by cash, please try to have as close to the exact amount as possible.

#### **Where do I get my coupon?**

Coupons are available at the Eel River Valley Health Fair on October 1<sup>st</sup> between the hours of 10:00 a.m. and 2:00 p.m. or until they are gone. Also, a small supply will also be available at the Fortuna Adult Day Health Services one week prior to the event, for those who cannot make it to the Health Fair.

#### **What do I do after I get my coupon?**

Bring the coupon with you to the Redwood Memorial Hospital registration department any weekday between 8am and 2pm on the day you wish to have your blood tests done.

#### **Do I need to fast before my blood draw?**

**Yes.** Fasting is very important for accurate results. You may only have water. Take your medications as usual. If you are having a TSH or a PSA only you do not need to fast.